

Best Start Training Plan 2018

KEY:

- Training for all Best Start Practitioners working with children under 5
- Training for all Children's Universal Services teams (CHS)
- Training for Health Visiting teams (CHS)
- Training for School Health / Immunisation teams (CHS)

Topic	Who Should Apply?	Course Content	Date	Time	Facilitators	Venue	Booking Process
ASQ Awareness Session	All Best Start practitioners working with children under 5	TBC	TBC	TBC	Nicola Kenyon Jennifer Stapley	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Autism Awareness	All Best Start practitioners working with children under 5	What is Autism? <ul style="list-style-type: none"> • Autism labels • Characteristics of autism • How is autism diagnosed? • Impact on development • Tips • Communication 	27.09.18	13.00 – 14.30		Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Behaviour in Children under 5 years of age	All Best Start practitioners working with children under 5	<ul style="list-style-type: none"> • Behaviour in children under 5 years • What motivates, drives and maintains behaviour. • How to determine the function of behaviour. • Neurotypical and phenotypical behaviours including sexualised behaviours 	03.04.18 27.09.18	14.00 – 15.30 15.00 – 16.30	Noeleen Morritt	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Best Start Update	All Best Start practitioners working with children under 5 who would like an update on Best Start services including those employed by the voluntary sector, local authority and health services. Existing staff can also attend as a refresher if needed.	Welcome & Introductions What is Best Start Demographics -Croydon Profiles -Overview of planning areas Communications -how to get information -what's on offer Best Start Workstations -Children Centres -Early Help -HV / Breastfeeding / FPM -PIP -Midwifery -Family Nurse Partnership -Early years nursery settings -Community builders -Domestic Abuse Advisors	16.01.18 25.09.18 29.11.18	9.30 – 13.00	various	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Child Development Overview	All Best Start practitioners working with children under 5 Preceptees can also attend this session.	Child Development Overview, Constipation, Obesity, Sleep, LAC – Paediatric Considerations	28.03.18	13.30 – 17.00	Dr Johnston & Community Paediatric Team	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net

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Child Neglect: CSCB Safeguarding Learning and Development	All Best Start practitioners working with children under 5	<p>The CSCB is keen to help practitioners develop their knowledge, skills and behaviour to help prevent and support children at risk of neglect. To ensure that they are effectively protected from harm of neglect a robust and coordinated multi-agency intervention and support approach needs to be in place.</p> <p>Neglect is a feature in many families who safeguarding professionals work with and yet it is so hard for professionals to create successful interventions that turn it around. This course will explore why it is important to be analytical about neglect and will challenge current professional thinking with neglect. There will be a focus on effective multi agency interventions that create change for children and young people.</p> <ul style="list-style-type: none"> • Gain knowledge about types of neglect • Use of multi-agency meetings to inform and improve planning and interventions • Understand why neglect is complex and how to analyse neglect • Develop ideas for creative plans that make a difference to children's lives • Develop new skills and models for working with parents/carers to improve on their parenting to 'hold their child in mind' • Use tools for analysis to understand child's lived experience 	07.12.17 11.01.18 02.02.18 14.03.18 13.09.18	9.30 – 16.30	Janet Lee	Will be confirmed upon booking	<p>Bookings can now only be made through Croydon 'My Account'. Details on how to do this can be found at http://croydonlcsb.org.uk/professionals/learning-development/</p> <p>User guide attached below</p>
Croydon Safeguarding Children Board: Domestic Abuse Training	All Best Start practitioners working with children under 5	<ul style="list-style-type: none"> • Understand what domestic abuse is • The role of the Family Justice Centre • Increased awareness and signs of domestic abuse • Understanding the risk and impact on babies, children and young people • Assessment of risk • The role and purpose of the MARAC 	05.12.17 25.01.18 20.02.18 13.03.18 18.09.18	9.30 – 12.30	Croydon Family Justice Centre	Will be confirmed upon booking	<p>Bookings can now only be made through Croydon 'My Account'. Details on how to do this can be found at http://croydonlcsb.org.uk/professionals/learning-development/</p> <p>User guide attached below</p>

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Domestic Abuse and Sexual Violence Partnership Forum	All Best Start practitioners working with children under 5	The partnership forum is a quarterly meeting for Croydon's voluntary and community sector and other key agencies to be updated on developments and consulted to ensure that the plans in place to tackle Domestic Abuse and/or Sexual Violence are reflective of their ambitions.	TBC	TBC	TBC	Croydon Voluntary Action, 82 London Road, CR0 2TB	Please email fjc@croydon.gov.uk and visit the below website https://www.practitionerspacecroydon.co.uk/domestic-abuse-and-sexual-violence-2/2477-2/
Early Help Training: Croydon Safeguarding Children Board	All Best Start practitioners working with children under 5	All practitioners working with, and on behalf of, children, young people and families have responsibility for ensuring everything possible is done to prevent the unnecessary escalation of issues or problems. The right help at the right time is important, and this can often be when concerns are first identified. <ul style="list-style-type: none"> Effectively and confidently work with child and family to assess unmet needs Analysis of needs and co-ordination of multi-agency plan where required Understand when an Early Help Assessment is needed Planning and reviewing effectively with the family and multi-agency team Introduce the Locality Early Help team to you and the support they can provide to you 	12.12.17 30.01.18 27.02.18 27.03.18	9.30 – 16.30	LBC Early Help	Will be confirmed upon booking	Bookings can now only be made through Croydon 'My Account'. Details on how to do this can be found at http://croydonlcsb.org.uk/professionals/learning-development/ User guide attached below
Family Partnership Model – Bitesize Sessions	All Best Start practitioners working with children under 5 and wider partners to understand the FPM approach. These sessions are not for staff who will be undertaking the FPM foundation sessions.	The Family Partnership Model is widely used in Children's centres and early years, community health, social care, schools, child development services and child adolescent mental health services. The Family Partnership Model brings together key helping qualities, skills and methods into a straightforward framework that builds on family strengths and expertise to enable children and families to change and achieve the very best. The Family Partnership Model will be a core method of practice at the heart of Best Start in Croydon.	05.01.18 13.02.18 08.03.18 04.04.18	14.00 – 16.00 10.00 – 12.00 14.00 – 16.00 15.00 – 17.00	TBC	Various – see course flyer for information.	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net

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Family Partnership Model 5 day Foundation Training	All Best Start practitioners working with children under 5 Managers need to identify staff to attend this course Preceptees can also attend this session.	The FPM is the model that all Best Start practitioners will be using to underpin supporting and helping families. Attendees will need to attend all 5 days of the programme. Each Best Start planning area will have training delivered over two cohorts.	TBC	TBC	TBC	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
FGM Awareness	All Best Start practitioners working with children under 5 involved in treating or supporting women and girls affected by FGM	<ul style="list-style-type: none"> • Better understanding of the practice of FGM and the social and cultural context in the UK • Greater insight into the provision of appropriate care and support for girls and women affected by FGM • Increased knowledge of UK law <input type="checkbox"/> Increased awareness of the role statutory agencies and key professionals in responding to FGM • Increased knowledge of local and national safeguarding policies and procedures • Better understanding of practical issues and strategies for working with individuals, communities and stakeholders to respond to FGM 	25.01.18 22.02.18 22.03.18	9.30 – 12.30 9.30 – 12.30 9.30 – 12.30	Beth Kelly	Will be confirmed upon booking	Bookings can now only be made through Croydon 'My Account'. Details on how to do this can be found at http://croydonlcsb.org.uk/professionals/learning-development/ User guide attached below
Healthy Child Programme (e-lfh) Projected with classroom based discussions throughout programme.	All Best Start practitioners working with children under 5	TBC	TBC	TBC	Sarah Keen	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
HIV & AIDS: An Update	All Best Start practitioners working with children under 5	New methods of HIV testing Treatment as prevention New Methods of prevention Legal issues around HIV transmission HIV and ageing Access to HIV treatment	06.02.18	9.30 – 16.30	Fred Semugera	Croydon Conference Centre	Complete the Public Health Training application form attached at the bottom of this document. Your line manager will need to email your completed application to ph-training@croydon.gov.uk
Immunisation - bitesize Session	All Best Start practitioners working with children under 5	TBC	TBC	TBC	Sarah Keen	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net

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Impact of Parental Mental Health on the family	All Best Start practitioners working with children under 5 undertaking direct work with children and families with children	<ul style="list-style-type: none"> • Improve knowledge of common mental disorders • Introduce a systemic practice model for working with parental mental health & its impact on the parent child relationship • Reflect on attitudes and the impact this has on seeking and providing support • Learn from Serious Case Reviews • Develop confidence & resource knowledge to enable practitioners to work with parents & multi agency partners. 	13.12.17	9.30 – 12.00	Lee Avery, Specialist Social Worker, Adult Mental Health and Substance Misuse	Will be confirmed upon booking	Bookings can now only be made through Croydon 'My Account'. Details on how to do this can be found at http://croydonlcsb.org.uk/professionals/learning-development/ User guide attached below
Healthy weight & Introduction to solid foods – bitesize session	All Best Start practitioners working with children under 5	TBC	TBC	TBC	Ruth Newson Nina Grice	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Making Croydon Baby Friendly	All Best Start practitioners working with children under 5	To enable participants to promote and support breastfeeding and help to create a breastfeeding culture in the local community This training should form part of any induction/orientation process for school nurses, Children's Hospital at Home staff, receptionists in health centres, health visitor administrators, all children's centre staff and others working to improve the health of people in Croydon.	08.02.18 03.04.18 13.06.18	10.00 – 12.00		Room 7, Shirley House Room 5, Shirley House Room 5, Shirley House	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Perinatal Mental Health – bitesize session	All Best Start practitioners working with children under 5	TBC	TBC	TBC	Sarah Keen / Rosie Jones / Carolyn Tweed	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Physiotherapy for the under 5's	All Best Start practitioners working with children under 5.	under 5's lower limb problems: <ul style="list-style-type: none"> • flat feet, • talipes, • other foot problems, • knock knees, • bow legs, • In and out toeing gait. DDH • plagiocephaly and torticollis 	12.06.18	9.30 – 11.00	Shelley Chatter-Singh	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Raising Awareness of Oral Health	All Best Start practitioners working with children under 5.	<ul style="list-style-type: none"> • Update the knowledge of current guidance on oral health care • Provide guidance on tooth brushing techniques for babies & children and those with special needs 	28.06.18	15.45 – 16.45	Ruth Lovering, Oral Health Promoter, Kings College Hospital	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net

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		<ul style="list-style-type: none"> Discuss sugar consumption To explain the current referral pathway 					
Role of the Multi-Agency Safeguarding Hub (MASH) and Thresholds	All Best Start practitioners working with children, young people and their parents/careers	To support you in understanding more about the use of the pan-London thresholds and evidencing the safeguarding concerns you have to the multi-agency safeguarding hub (MASH). The session will help you understand the role of MASH and the differences between MASH and Early Help approaches and the decision making process.	19.12.17 23.01.18 27.02.18 27.03.18	9.30 – 11.00	MASH Team	TBC	Bookings can now only be made through croydon 'My account'. Details on how to do this can be found at http://croydonlcsb.org.uk/professionals/learning-development/ User guide attached below
Sleep Management	This course is suitable for all Best Start Practitioners	<ul style="list-style-type: none"> -The importance of sleep for babies and toddlers; -Different types of sleep and the sleep cycle of babies and toddlers; - Establishing a good bed time routine; - Common sleep problems and solutions; - Myths and misconception about sleep; - Rewarding charts to encourage good sleep habits; -Moving baby from Moses basket to cot; -Moving baby into their own room; - The management of head banging, sleep walking and night terrors in children 	06.09.18	10.00 – 13.00		Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Speech & Language Therapy Training	All Best Start practitioners working with children under 5 Preceptees can also attend this session.	The development of: attention and listening; understanding of language; use of language; speech; fluency Alarm bells Possible advice to parents	05.06.18	14.30 – 16.45	Heather Forster / Faith Brooks	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Working together in Child Protection conferences and core groups	CHS teams working in children's services Health Visitors and School Nurses	<ul style="list-style-type: none"> • Understand the child in need and child protection conference processes in relation to "Working Together 2015" and the LSCB child protection procedures • Understand the principles of the "Strengthening Families" model to child protection Conferences 	17.01.18 20.02.18 20.03.18 11.10.18	9.30 – 15.00	Dawn West	Will be confirmed upon booking	Bookings can now only be made through Croydon 'My Account'. Details on how to do this can be found at http://croydonlcsb.org.uk/professionals/learning-

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		<ul style="list-style-type: none"> • Understand the process and practice of the model and the format for the child protection conference. • To have experience of participating in a mock child protection conference • Understand their roles and responsibilities when working with Children's Social Care 					development/ User guide attached below
Ages & Stages Questionnaire Training Part 2 – face to face (e-learning to be completed prior to attending face to face session)	Children's Universal Services teams that previously did not attend the Training provided by the ASQ Champions. Preceptees can also attend this session.	Information and background of ASQ Epex Guidance for ASQ Practice with 24 Month ASQ Questionnaire Support with scoring ASQ ASQ toy bags Practical advice for activities to share with families	10.04.18	14.30 – 16.30	Nicola Kenyon & Jenny Stapley	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Breast Ironing Awareness	Children's Universal Services teams - Health Visitors, School Nurses and CCDAs.	What is breast ironing? Justification for why breast ironing is practiced Where is it practiced? Consequences of breast ironing Indicators and risk factors The legal implications surrounding breast ironing.	06.03.18	14.00 – 16.00	Sarah Keen Maria Mockett	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Domestic Violence & Abuse Training	Children's Universal Services teams - HV's, School Nurses & Nursery Nurses. Preceptees can also attend this session.	Understanding the concept of domestic violence and abuse, its prevalence, risk factors and impact on health. Recognising the potential or vulnerable client Developing expertise in 'asking the question' sensitively and confidently. Available support for clients and professionals	TBC	TBC	Jennifer Adu	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Epilepsy Training	Children's Universal Services teams working with children who suffer from epilepsy Preceptees can also attend this session.	<ul style="list-style-type: none"> • Jerks and fits versus epilepsy • What is epilepsy? • Epilepsy Treatment • Why we use Buccolam to stop fits • How to give Buccolam? • All other questions • Your experiences 	10.05.18	9.30 – 11.00	Dr Fujiwara-Pichler	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net

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General Dermatology & Skin Lesions Training	Children's Universal Services teams - HV's, School Nurses & Nursery Nurses. Preceptees can also attend this session.	Moisturiser's Topical Steroids Common Skin Conditions Workshop on creams / ointments Skin Lesions Sun Awareness	13.11.18	9.30 – 12.00	Hannah Bulinski Julie Smithson Dermatology	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Immunisation update	Children's Universal Services teams - Health Visitors, School Nurses, and Nursery Nurses. Preceptees can also attend this session.	Update on Childhood Imms, Awareness of UK schedule for 0-5, Awareness of schedule for uncertain or incomplete Imms status.	TBC	TBC	Dr Joy Okpala	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Impact of Parental Substance Misuse of the family	Children's Universal Services teams - Health Visitors and School Nurses	Improve knowledge of basic substances misused, including effects, cost and legal classification • Introduce theoretical concepts underpinning substance misuse, including recovery, disease & behavioural models. • Learning from Serious Case Reviews • Assessing parental substance misuse and its impact on parent & child. • Develop confidence & resource knowledge to enable practitioners to work with parents & multi agency partners.	02.10.18	13.30 – 16.30	Lee Avery, Specialist Social Worker, Adult Mental Health and Substance Misuse	Will be confirmed upon booking	Bookings can now only be made through Croydon 'My Account'. Details on how to do this can be found at http://croydonlcsb.org.uk/professionals/learning-development/ User guide attached below
Non-Medical Prescribing	Children's Universal Services teams All V100 non-medical prescribers	Review of NMC circulars and changes to the law relating to prescribing.	TBC	TBC	Pharmacy Dept	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Nutrition for Under 5's	Children's Universal Services teams - HV's, FNP, Student HV's, and Nursery Nurses. Preceptees can also attend this session.	Understanding a normal diet for under 5s Appropriate portion sizes Key micronutrients to consider Managing fussy eating Constipation Food allergy Physical activity Role of the Dietician	TBC	9.30 – 11.00	Abigail Sowah Natalie Sutherland Paediatric Dieticians	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Patient Group Directions	Children's Universal Services teams who develop or work to PGDs	What Are PGDs? Why Do We Need Them? What are the Legal Requirements for	19.02.18 19.06.18 19.10.18	9.00 – 12.00	Angela Osmond Matt Huntley	Room 7, Shirley House	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net





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		PGDs? Working with PGDs, Accountability and documentation, practical issues and scenarios.					
Perinatal Mental Health Training	Children's Universal Services teams - Health Visitors, Community Midwives, FNP and Nursery Nurses. For nominated students only.	An overview of Perinatal Depression – signs, symptoms and treatments Using the Perinatal Mental Health Pathway, EPDS and listening visits. Following completion of this session HV's are required to attend day 2: Listening Skills and use of screening tools (see below)	24.04.18 15.05.18 31.07.18	9.15 – 16.45	Rosie Jones, Sarah Keen & Carolyn Tweed, Bernice Peters	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Record Keeping	Children's Universal Services teams - HV's, School Nurses and Nursery Nurses	Participants will be able to demonstrate an understanding of: Benefits, principles and legal implications of good record keeping and records management.	20.02.18	9.30 – 12.30	Sarah Keen / Maria Mockett	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Research in practice	Children's Universal Services teams - HVs, Nursery Nurses, School Nurses and Student HVs	Introduction to research in health visiting, looking at recent research in health visiting and sharing ideas for future HV.	26.04.18	9.30 – 11.30	Ruth Newson	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Tongue Tie Training	Children's Universal Services teams - Community Midwives, HV's, Nursery Nurses and FNP	Problems, how to assess a tongue tie, supporting the mother of a baby with a tongue tie, referral process.	TBC	TBC	TBC	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Blood Spot Training Awareness	Health Visiting Team	TBC	13.02.18	TBC	Claudette Morgan May	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Breast Feeding Management (two day course)	Health Visiting Team - Midwives, Students MWs, MSWs, FNP, HVs, Nursery Nurses, and Student HVs. Preceptees can also attend this session.	Contact Melissa Callaghan for more information	Day 1: 20.04.18 10.07.18 Day 2: 03.05.18 24.07.18	9.00 – 17.00 9.00 – 16.30	TBC	Room 5, Shirley House	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Breastfeeding Annual Update	Health Visiting Team and FNP who have completed the Breastfeeding		11.01.18 22.02.18 21.03.18 23.04.18	9.30 – 12.30 9.30 – 12.30 9.30 – 12.30 13.30 – 16.30	TBC	Room 5, Shirley House	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net

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	Management Course		23.05.18 20.06.18	9.30 – 12.30 9.30 – 12.30			
Chat Health Training	Health Visiting Team	Understanding the Chat Health - A free, confidential texting service where parents will receive support and advice.	04.09.18 17.09.18 18.09.18	9.00 – 10.30 10.00 – 12.00 10.00 – 12.00	TBC	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Healthy Weight & Nutrition Training – Health Visitors	Health Visiting Team Preceptees can also attend this session.	To be able to understand the concept of good nutrition and its significance across the life span. Reflect upon your own eating habits and the impact of culture, food costs and food skills on dietary intake and eating behaviours. Be aware of the latest evidence supporting the introduction of food to infants under the age of a year and be aware of the latest evidence under pinning the dietary needs of 1-4 year olds.	14.03.18 11.07.18 20.11.18	9.30 – 16.30	Ruth Newson & Nina Grice	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
HV forum	Health Visiting Team - HV's, Student HV's, CSLs and Nursery Nurses. Preceptees can also attend this session.	Contact Alison Dalton for further information.	07.03.18 06.06.18 12.09.18 05.12.18	09.00 – 12.00	Alison Dalton Maria Mockett Sarah Keen	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Infant Mental health	Health Visiting Team - HV's, community MW's, Nursery Nurses, Student HV's, FNP	An overview of Infant Mental Health including definitions and influences. Brain and Physiological development within relationships Reflection on attachment relationships Modelling atonement Observing Baby states and supporting parents to observe baby states Observing interactions	TBC	TBC	Rosie Jones Nicola Kenyon	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Listening Skills and use of screening tools	Health Visiting Team who previously attended the perinatal MH training this year	- To understand how to listen helpfully - To apply listening skills in practice following the HV perinatal mental health pathway and using the PHQ2, GAD2 and Edinburgh post-natal depression scale (E.P.D.S) questionnaire	22.01.18 03.10.18 04.10.18	9.15 – 16.45	Rosie Jones, Sarah Keen, Carolyn Tweed	Room G12, Woodside HC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net

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Promotional Guides (two day course)	Health Visiting Team - HVs, CSL's and specialist HV's, Community Midwives. Preceptees can also attend this session.	The promotional guide training is evidence based and recommended by the HCP and offers a structured and flexible approach.	25.01.18 (day 1) 13.03.18 (day 2)	9.15 – 16.45 9.15 – 12.30	Rosie Jones Lorraine Edward-Wilks Carolyn Tweed	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Revisiting the WHO growth charts, measuring and plotting 0-4 years.	Health Visiting Team & CCDAs	<ul style="list-style-type: none"> •Re visiting measuring/plotting guidance (this covers the key messages of weighing, interpreting and recording) •Plotting & assessing new born infants •Plotting preterm infants •Red flags and how to escalate 	16.10.18	9.30 – 12.00 OR 13.30 – 16.00	Sarah Keen Berni Knight	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Sleep management	Health Visiting Team & CCDAs	<ul style="list-style-type: none"> -The importance of sleep for babies and toddlers; -Different types of sleep and the sleep cycle of babies and toddlers; - Establishing a good bed time routine; - Common sleep problems and solutions; - Myths and misconception about sleep; - Rewarding charts to encourage good sleep habits; -Moving baby from Moses basket to cot; -Moving baby into their own room; - The management of head banging, sleep walking and night terrors in children 	06.09.18	10.00 – 13.00	Shondelle Ross	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Toilet training	Health Visiting Team & CCDAs	<ul style="list-style-type: none"> •Describe normal anatomy and physiology associated with urinary and bowel continence •Outline the process whereby normal children achieve continence •Advise parents on toilet training in healthy children •Discuss the range of variation and factors that impair or promote continence •Describe the effects of constipation on toilet training •Explain some of the causes of delayed urinary continence, initial assessment and management 	20.03.18	13.30 – 16.30	Sarah Keen & Berni Knight	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Vitamin K PGD Training	Health Visiting Team - only open to registered	•Review the criteria for Administration of oral Vitamin K	31.01.18 01.03.18	9.30 – 11.30 15.00 – 17.00	Berni Knight	Lecture Room, Lennard Road	Contact NursingCPD on 0208 274 6468 / 6342 or email

Best Start Training Plan 2018





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	Health Visitors. Preceptees can also attend this session.	<ul style="list-style-type: none"> •Review Consent procedures •Competency will be assessed •Individual PGDs will be signed. 	20.06.18	9.30 – 11.30			CH-TR.NursingCPD@nhs.net
Basic Alcohol Awareness	School Health / Immunisation teams	Have increased alcohol knowledge and awareness, including units, 'alcohol by volume' and current advice on safe drinking Have increased confidence in dealing with alcohol issues Be able to identify some of the problems caused by alcohol Have increased awareness of the services available in Croydon to help problematic drinkers and their families	TBC	TBC	TBC	TBC	Complete the Public Health Training application form attached at the bottom of this document. Your line manager will need to email your completed application to ph-training@croydon.gov.uk
Basic Introduction to Safeguarding Young people & Sexual Health	School Health / Immunisation teams	The course provides the factual knowledge required, as well as some tools and strategies to present this information to young people. By the end of the course you will have: <ul style="list-style-type: none"> •Understand relevant legislation relating to safeguarding young people and sexual health •Improve skills in discussing the risk with sexually active young people •Understand the impact of technology on young people's sexual safety 	08.12.17	9.30 – 13.00	Kerry Starrett Michelle Doyle	Croydon Conference Centre	Complete the Public Health Training application form attached at the bottom of this document. Your line manager will need to email your completed application to ph-training@croydon.gov.uk
Child Sexual Exploitation: CSCB Learning and Development	School Health / Immunisation teams	<ul style="list-style-type: none"> • Identify risks and indicators for young people experiencing or at risk of CSE • Analyse roles of young women linked to gangs and relate to experiences of CSE • Recognise opportunities for early intervention • Investigate safety planning tools • Demonstrate an effective response to disclosure of CSE • Contextualise responses to CSE within your local referral process 	24.01.18 28.02.18 05.10.18	9.30 – 16.30	Trainer – Safer London	Will be confirmed upon booking	Bookings can now only be made through Croydon 'My Account'. Details on how to do this can be found at http://croydonlcsb.org.uk/professionals/learning-development/ User guide attached below
Drug Awareness Level 1	School Health / Immunisation teams	Identify your own attitudes and beliefs around drug misuse Name the main drugs of misuse, their	TBC	TBC	TBC	TBC	Complete the Public Health Training application form attached at the bottom of this

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		effect, how they are taken and some of the common problems that the user may experience Have an awareness of current drugs legislation Give a broad overview of the types of interventions for drug users Have an awareness of the drug services available in Croydon					document. Your line manager will need to email your completed application to ph-training@croydon.gov.uk
Growth Monitoring Charts and Plotting – School Nursing	School Health / Immunisation teams	TBC	TBC	TBC	Sarah Keen Maria Mockett	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net
Pornography: Influences on Young people's Sexual Health & Relationships	School Health / Immunisation teams	Understand the scale of the pornography industry and the extent to which young people access pornography. Have considered the evidence around the potential impact of pornography on young people's sexual health and relationships. Have an increased awareness of the relevant law and legislation relating to pornography. Have explored their own attitude towards pornography in order to understand how this might impact on their work with young people Have explored ways in which to present and develop activities in this area for use with young people.	11.01.18 08.03.18	9.30 – 16.00	Kerry Starrett & Michelle Doyle	Croydon Conference Centre	Complete the Public Health Training application form attached at the bottom of this document. Your line manager will need to email your completed application to ph-training@croydon.gov.uk
School Health Development – Induction / Preceptorship Programme	School Health / Immunisation teams For new starters on the SN Preceptorship Programme & band 5 community staff nurses.	TBC	TBC	TBC	Sarah Keen	TBC	Contact NursingCPD on 0208 274 6468 / 6342 or email CH-TR.NursingCPD@nhs.net

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E-learning Modules





Topic	Who Should Apply?	Information / Modules to be completed	Booking Instructions
Parental mental health e-learning	Best Start practitioners working with children under 5 – Front line and management staff involved in adult mental health and children's services. These resources might also be useful for primary care services staff (GPs, Health Visitors, Midwives), Schools – Teachers and support staff and Children's Centre staff.	These e-learning resources are freely available to all. They provide audio, video and interactive technology to assist in exploring the nature of parental mental health and its impact on families. <ul style="list-style-type: none"> - Introducing the family model - Think child, think parent and think family - Working together with parents - Working together with professionals - Care planning and review - Interventions - Managing complexity and leading practice - Communicating with families 	https://www.scie.org.uk/publications/elearning/parentalmentalhealthandfamilies/ Register for a MySCIE account on the website above to access the e-learning modules.
Prevent e-learning	Best Start practitioners working with children under 5 – This package is currently designed for those across the education and local authority sectors.	This offers an introduction to the Prevent duty, and explains how it aims to safeguard vulnerable people from being radicalised to supporting terrorism or becoming terrorists themselves. This is introductory training. It will provide an important foundation on which to develop further knowledge around the risks of radicalisation and the role that you can play in supporting those at risk. This training addresses all forms of terrorism and non-violent extremism, including far right wing and Islamist extremism threatening the UK. Links to further information can be found at the end of this training. More sector-specific versions of this eLearning are in development, including those aimed at both mental and clinical health staff.	Use the link below to access this e-learning package: https://www.elearning.prevent.homeoffice.gov.uk/
Substance Misuse Effective communication with children and families Information Sharing Domestic Abuse Autism and more.	All Best Start practitioners working with children under 5 These are free to anyone who works or lives in Croydon	Substance Misuse Effective communication with children and families Information Sharing Domestic Abuse Autism and more.	Use the link below to access these e-learning packages: https://croydon.melearning.university/course_centre
Blood Spot E-learning	Health Visiting Team - HVs only. Preceptees can also complete this e-learning.	Education and Training for the New-born Blood Spot Programme. Following completion of this e-learning package, candidates will arrange a practice day with the clinicians.	To register for this e-learning module please use the link below http://cpd.screening.nhs.uk/registration.php?module=3210&activation_key=1182552641 To access the module following registration use the below link http://cpd.screening.nhs.uk/learnfront.php?folder=3210

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Ages and Stages Questionnaire Part 1 – e-learning	All Children's Universal Services teams - The ASQ-3™ e-learning modules are designed to be useful to all those involved in delivery of the HCP reviews at age 2-2½.	The e-learning modules are designed to support health visitors or community nursery nurses using the ASQ-3™ and illustrate how the tool fits into the wider HCP review.	Complete via e-learning following the instructions shown in the user guide attached below. It is beneficial to complete this e-learning package before attend the ASQ part 2 – face to face session.
E-learning for Health Female Genital Mutilation programme	All Children's Universal Services teams - Developed in collaboration with key stakeholders, and supported by the Department of Health's FGM Prevention team, the material deals with the issues posed by FGM at all stages of a girl or woman's life.	<ul style="list-style-type: none"> •An Introduction to FGM •Communication Skills for FGM consultations •Legal and Safeguarding Issues regarding FGM in the UK •FGM: Issues, presentation and management in children and young women •FGM: Issues, presentation and management in women and around pregnancy •The Psychological Impact of FGM 	Complete via e-learning following the instructions shown in the e-learning for health user guide attached below. https://www.e-lfh.org.uk/programmes/female-genital-mutilation/
HEE Matters – New Communities E-learning	All Children's Universal Services teams - The modules are suitable for practitioners, managers and commissioners who want to: <ul style="list-style-type: none"> • Update on evidence and guidance on community-centred approaches to health improvement; • Take a more strategic and planned approach to scaling-up community-centred approaches. 	<p>Module 1 includes:</p> <ul style="list-style-type: none"> •What is a healthy community? •Different experiences of communities •Policy and Evidence •Concepts and Principles •Family of Approaches •Self-Assessment <p>Module 2 includes:</p> <ul style="list-style-type: none"> •Approaches in practice •Using the Family of Approaches •Identifying outcomes •Strategic planning •Workforce development 	Complete via e-learning following the instructions shown in the e-learning for health user guide attached below. https://www.e-lfh.org.uk/programmes/community-centred-approaches-to-health-improvement
MindEd E-learning	All Children's Universal Services teams - working or volunteering regularly with children or young people, 0-18 years of age	MindEd will help you become informed and better equipped when dealing with children and young people. The majority of children develop healthy minds and bodies, but it helps us to help them if we understand better what is healthy, how to support good health and what needs closer attention. Please open the below document to see a list of modules that should be completed MIND ED E-LEARNING	In order to complete this e-learning you will need to create a MindEd account using the link below. Your activity will be recorded in a personal learning account and you will have the option to print certificates to evidence your learning. https://www.minded.org.uk/login/signup.php To view / access e-learning modules please use the below link: https://www.minded.org.uk/local/curricula/view
E-learning for Health 1. Healthy School Child Programme (HSC)	School Health / Immunisation teams	<ul style="list-style-type: none"> • Introduction to 21st century school health. • The healthy child programme in primary school • Key child public health and mental health issues for 5-12 years 	Complete via e-learning following the instructions shown in the e-learning for health user guide attached below.

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		<ul style="list-style-type: none"> • The child with additional needs. • The child with additional needs and long standing illness or disability. • Common developmental and health issues in school children 5-12. • Other problems and issues. 	
E-learning for Health 2. The Healthy Child Programme in Primary Schools	School Health / Immunisation teams	<ul style="list-style-type: none"> • Meeting Health needs of school aged child. • Surveillance and health promotion. • School entry assessment. • Moving up 	Complete via e-learning following the instructions shown in the e-learning for health user guide attached below.
E-learning for Health 3. Key Child Public Health Issues for 5-12 years	School Health / Immunisation teams	<ul style="list-style-type: none"> • Emotional development. Infection. • Injury prevention, safety and medicine in school • Growth and nutrition • Understanding and tackling obesity 	Complete via e-learning following the instructions shown in the e-learning for health user guide attached below.
E-learning for Health 4. The Child with additional needs	School Health / Immunisation teams	<ul style="list-style-type: none"> • Introduction to special educational needs. • Presentation and assessment of children with special educational needs. • Primary school presentations. • Behaviour management in special educational needs. • Loss and Grieve • Vulnerable Children. • Poor concentration and over activity 1. • Poor concentration and over activity 2. • Introduction to autism spectrum disorder. • Supporting autism spectrum disorder. 	Complete via e-learning following the instructions shown in the e-learning for health user guide attached below.
E-learning for Health 5. The child with additional needs – long standing illness or disability	School Health / Immunisation teams	<ul style="list-style-type: none"> • Non epileptic attack disorders. • Epilepsy. • Physical disability • Asthma, Eczema and other allergies. • Diabetes and rare serious conditions. 	Complete via e-learning following the instructions shown in the e-learning for health user guide attached below.
E-learning for Health 6. Common developmental and health issues in school children 5-12	School Health / Immunisation teams	<ul style="list-style-type: none"> • Wetting • Soiling • Hearing • Vision • Musculoskeletal problems • Headaches • Sleep difficulties 	Complete via e-learning following the instructions shown in the e-learning for health user guide attached below.
E-learning for Health 7. Other problems and issues	School Health / Immunisation teams	<ul style="list-style-type: none"> • The child not at school • Common or serious problems that are easily missed. • Acquired brain injury 	Complete via e-learning following the instructions shown in the e-learning for health user guide attached below.

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Attachments

[Croydon Health Services \(CHS\) Training Application Form](#)

[Public Health Training Application Form](#)

[E-learning for Health – User Guide](#)

[Public Health Training Programme 2017-2018](#)

[Ages & Stages Questionnaire E-learning User Guide](#)

[CSCB Safeguarding Courses booking user guide](#)